

# Organ-Specific Recurrence or Metastatic Pattern of Breast Cancer according to Biological Subtypes and Clinical Characteristics

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**Purpose:** We aimed to investigate organ-specific recurrence or the metastatic pattern of breast cancer according to biological subtypes and clinical characteristics. **Methods:** We retrospectively analyzed the medical records of 168 patients with recurrent breast cancer who were diagnosed between January 1, 2000 and April 30, 2017. Four biological subtypes were classified according to estrogen receptor (ER), progesterone receptor (PR), human epidermal growth factor receptor 2 (HER2), and Ki-67 expression: luminal A, luminal B, HER2-enriched, and triple negative breast cancer (TNBC). To analyze recurrence patterns according to biological subtypes, we accessed clinical variables including age at diagnosis, TNM stage, type of surgery in the breast and axilla, histologic grade, nuclear grade, lymphatic, vascular, and neural invasion, Ki-67 expression and recurrence to distant organs. **Results:** The biological subtypes of recurrent breast cancer comprised the following luminal A (n=33, 19.6%), luminal B (n=95, 56.5%), HER2 enriched (n=19, 11.3%), and TNBC (n=21, 12.5%). Luminal A (7.7%) and B (6.5%) subtypes were associated with the increased rate of local recurrence compared to HER2-enriched (2.4%) and TNBC subtypes (1.8%) ( $p=0.005$ ). The bone (53.6%) was the most common metastatic organ, followed by the lung (34.5%), liver (29.8%), brain (17.9%), and other visceral organ (7.7%). Bone metastasis was commonly observed in individuals with luminal B (63.2%), HER2-enriched (57.9%), and luminal A (42.4%) subtypes ( $p=0.005$ ). Most liver metastases occur in individuals with luminal B (40.0%) and HER2-enriched subtypes (31.6%) ( $p=0.002$ ). **Conclusion:** Luminal B subtype was commonly observed in individuals with recurrent breast cancer, and the bone is the most common target organ for breast cancer metastasis, followed by the lungs and liver.

**Key Words:** Breast neoplasms, Neoplasm metastasis, Organ specificity, Recurrence

## INTRODUCTION

Breast cancer is a clinically and biologically heterogeneous disease [1,2]. Recurrent breast cancer is the reappearance of breast cancer in different organs, including the breast. Recent findings have indicated that immunohistochemical protein expression profiles are surrogates for intrinsic gene-derived expression profiles defining molecular breast cancer subtypes [3,4]. The intrinsic molecular subtypes are distinguished according to the expression of genes involved in luminal epithelial differentiation (e.g., estrogen receptor [ER] and progesterone receptor [PR] genes), proliferation (e.g., Ki-67 gene), human epidermal growth factor receptor 2 (HER2) pathway [5,6].

Metastatic spreading models describe the complex interplay of seed

and soil factors, including tumor invasion, circulation, extravasation, proliferation, angiogenesis, and the microenvironment of the target tissue [7,8]. The biological characteristics of the primary tumor are usually preserved in metastatic organ. The gene signatures of lung and bone metastases have been reported, and HER2 and ER expression status is associated with the increased risk of metastasis to specific sites [9-11]. ER-negative tumors are associated with early recurrence, and ER-positive tumors are correlated to persistent risk after 5 years [12]. Two large studies of triple negative breast cancer (TNBC) have reported that brain metastasis occurred in about 6% of patients with early-stage breast cancer [9,13]. According to a previous study, the rate of metastasis in the central nervous system is higher in individuals with ER-negative/HER2-positive tumors than in those with ER-/HER2-positive tumors [11]. The bone was found to be a common metastatic sites in individuals with ER-positive tumors [14-16]. In this study, we aimed to investigate the clinical patterns of metastasis or relapse of breast cancer according to biological subtypes.

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## METHODS

### Patients

We retrospectively reviewed the medical records of 168 patients diagnosed with recurrent breast cancer among 1,118 patients with breast cancer who were diagnosed between January 2000 and April, 2017 in a single medical institution. No exclusion criteria were applied. We reviewed the clinical and pathologic data of the patients, which include age at diagnosis, TNM stage, type of surgery in the breast and axilla, histologic grade (HG), nuclear grade (NG), lymphatic invasion (LI), vascular invasion (VI), neural invasion (NI), expression patterns of ER, PR, HER2, and Ki-67, recurrence in distal sites, disease free survival (DFS), and overall survival (OS). The study was approved by Inje University Sanggye Paik Hospital Institutional Review Board (2017-10-009), and the need for informed consent was waived.

### Classification of the biological subtypes based on immunohistochemistry (IHC) staining results

The biological subtypes were classified into four categories according to the ER, PR, HER2, and Ki-67 expressions: luminal A, luminal B, HER2-enriched, and TNBC. We defined luminal A as ER- and/or PR-positive, HER2-negative, and Ki-67 < 20%, luminal B as ER- and/or PR-positive, and HER2-positive or Ki-67  $\geq$  20%, HER2-enriched as ER- and PR-negative, and HER2-positive, and TNBC as ER-, PR-, and HER2-negative.

### IHC staining for ER, PR, and Ki-67 in breast cancer

ER NCL-1-ER-6F11 and PR NCL-L-PGR-312 liquid mouse monoclonal antibodies (Leica Microsystems Inc., Newcastle Upon Tyne, UK) diluted 1:80 with normal goat serum (diluted 1:5 with Tris-buffered saline) were used as the primary antibodies for the ER and PR assays, respectively. Goat anti-mouse peroxidase conjugated immunoglobulin was utilized. 3, 3'-Diaminobenzidine tetrahydrochloride (DAB) was the second antibody used as a chromogen. ER and PR were scored as 0, 1+, 2+, and 3+ according to staining intensity related to the proportion of stained nuclei in 10 high-power fields [17]. IHC for Ki-67 in breast cancer was performed with aminoethylcarbazole as the chromogen and the Vectastain Avidin-Biotin Complex Elite kit (Vector Laboratories, Burlingame, USA) using the avidin-biotin peroxidase complex method. The low proliferative group was identified

based on a Ki-67 cut-off of 20%, which was considered optimal after stratifying for luminal breast cancer in high-risk patients [18].

### IHC staining for HER2/neu in breast cancer

Using the Dako Quick-Staining, binding of the primary antibody was detected and labeled using the Streptavidin-Biotin System (Dako, Carpinteria, USA) followed by the addition of DAB chromogen. Two pathologists scored each slide in a blinded fashion according to the manufacturer's recommended criteria. Intensity scores of 0 or 1+ were assigned as negative expression, 3+ as positive expressions for HER2/neu, and 2+ as equivocal, which was analyzed via silver-enhanced *in situ* hybridization (SISH) [17].

### SISH for HER2

SISH for HER2 was performed according to the manufacturer's protocols for INFORM HER2 DNA and chromosome 17 probes using a Ventana Benchmark automated instrument (Ventana Medical Systems Inc., Tucson, USA). Assessment of HER2 gene amplification status was performed in a blinded manner according to guidelines of the American Society of Clinical Oncology/College of American Pathologists [19].

### Statistical analysis

Age of the patient, time of diagnosis, time of recurrence, location of the first recurrence, site of recurrence (breast, bone, brain, liver, lungs, skin and other internal organs), stage, type of breast surgery, pathologic findings, and expression of ER, PR, HER2, and Ki-67 were analyzed according to biological subtypes using Medcalc version 18 (MedCalc Software, Ostend, Belgium). The characteristics of the patients and tumors were compared according to breast cancer subtypes using the chi-square test. The association between site of relapse and biological subtypes was assessed using the chi-square test. The probability distributions of DFS and OS were analyzed using the Kaplan-Meier method. Statistical analyses were two-sided, and *p*-values < 0.05 were considered statistically significant. We defined OS as the time from initial diagnosis to death and DFS as the time from end of initial therapy to reappearance of breast cancer.

## RESULTS

### Clinical and pathological characteristics of recurrent or metastatic breast cancer according to biological subtypes

A total of 168 patients included in the study. The biological subtypes of recurrent breast cancer were as follows: luminal A (n = 33, 19.6%), luminal B (n = 95, 56.5%), HER2-enriched (n = 19, 11.3%), and TNBC (n = 21, 12.5%). The clinical and pathological characteristics and their distribution according to tumor subtypes are listed in Table 1. Female participants with luminal A subtypes were significantly younger than the participants with other subtypes ( $p = 0.025$ ). Luminal B and HER2-enriched subtypes were associated with smaller tumors less than 2cm compared with luminal A and TNBC subtypes ( $p = 0.031$ ). Nine patients (27.3%) with luminal A, 52 (54.7%) with luminal B, 13 (68.4%) with HER2-enriched and 14 (66.7%) with TNBC subtypes were lymph node (LN)-positive. The lowest rate of LN involvement was observed in patients with luminal A subtype ( $p = 0.006$ ). The most common histological type was invasive ductal carcinoma (IDC), and a high incidence of lobular cancer was observed in individuals with luminal groups ( $p = 0.007$ ). Breast-conserv-

ing surgery (BCS) was more commonly performed in patients with luminal A subtypes (57.6%), followed by luminal B (45.3%), TNBC (42.9%), HER2-enriched subtypes (36.8%). However, the results was not statistically significant ( $p = 0.763$ ).

### Organ-specific recurrence or metastatic pattern of breast cancer

Luminal A (42.4%) and HER2-enriched (21.1%) subtypes were associated with the increased rate of local recurrence compared to luminal B (11.6%) and TNBC subtypes (14.3%) ( $p = 0.005$ ) (Table 2). The TNBC subtype was associated with the increased rate (9.5%) of regional (axillary nodes) recurrence compared with luminal A (3.0%), luminal B (4.2%), and HER2-enriched subtypes (5.3%) ( $p = 0.719$ ). The incidence of systemic recurrences was lower in individuals with luminal A subtype (57.6%) than in those with luminal B (88.4%), HER2-enriched (78.9%), and TNBC subtypes (85.7%) which showed a similar incidence, and the difference was statistically significant ( $p = 0.001$ ). The common recurrence sites were the bone in 90 (53.6%), lungs in 58 (34.5%), liver in 50 (29.8%), breast in 32 (19.0%), brain in 30 (17.9%), other visceral organs in 13 (7.7%), and axillary LN in 8 (4.8%) patients, respectively. Bone metastasis was commonly observed in individuals

**Table 1.** Clinical and pathological characteristics of the patients

Characteristic	Luminal A (n = 33) No. (%)	Luminal B (n = 95) No. (%)	HER2-enriched (n = 19) No. (%)	TNBC (n = 21) No. (%)	<i>p</i> -value
Median age (yr)	46	50	49	52	0.025
Tumor size (cm)					
≤ 2	12 (36.4)	62 (65.3)	13 (68.4)	12 (57.1)	0.031
> 2	20 (60.6)	33 (34.7)	5 (26.3)	9 (42.9)	
Missing	1 (3.0)	0	1 (5.3)	0	
Lymph node status					
Negative	24 (72.7)	43 (45.3)	6 (31.6)	7 (33.3)	0.006
Positive	9 (27.3)	52 (54.7)	13 (68.4)	14 (66.7)	
Histological type					
IDC	24 (72.7)	84 (88.4)	18 (94.7)	19 (90.5)	0.007
ILC	2 (6.1)	4 (4.2)	0	0	
DCIS	7 (21.2)	3 (3.2)	0	0	
Other	0	4 (4.2)	1 (5.3)	2 (9.5)	
Operative therapy					
No	1 (3.0)	5 (5.2)	2 (10.6)	1 (4.7)	0.763
Breast conserving	19 (57.6)	43 (45.3)	7 (36.8)	9 (42.9)	
Mastectomy	13 (39.4)	47 (49.5)	10 (52.6)	11 (52.4)	

HER2 = human epidermal growth factor receptor 2; TNBC = triple negative breast cancer; IDC = invasive ductal carcinoma; ILC = invasive lobular carcinoma; DCIS = ductal carcinoma *in situ*.

with luminal B (63.2%), HER2-enriched (57.9%), and luminal A subtypes (42.4%) ( $p = 0.005$ ). Liver metastases commonly occurred in individuals with luminal B (40.0%) and HER2-enriched subtypes (31.6%) ( $p = 0.002$ ). However, the incidence of lung and brain metastases was similar in all subtypes. When we classified all patients according to the number of metastasis (single or multiple metastasis), 12 patients presented with single metastasis, which was comprised bone ( $n = 7$ ), lung ( $n = 2$ ), liver ( $n = 2$ ), and brain metastasis ( $n = 1$ ). In single bone metastasis, four patients presented with luminal B subtype, two with luminal A, and one with HER2-enriched subtype.

**Analysis of recurrence to distant sites according to biological subtypes**

In luminal A tumors, bone metastases (42.4%) was most common, followed by lung (24.2%), liver (15.2%), brain (3.0%), and other organ metastases (0.0%). In luminal B tumors, bone metastases (63.2%) were most common, followed by liver (40.0%), lung (37.9%), brain (21.1%), and other organ metastases (8.4%). In HER2-enriched tumors, bone metastases (57.9%) were most common, followed by liver (31.6%), lung

(31.6%), brain (26.3%), and other organ metastases (5.3%). In TNBC tumors, lung metastases (38.1%) were common, followed by bone (23.8%), brain (19.0%), liver (4.8%), and other organ metastases (19.0%) (Table 2).

**Association between disease stage and biological subtypes**

Based on the American Joint Committee on Cancer (AJCC) staging system at initial diagnosis of breast cancer and biological subtype, the highest percentage of stage III tumors was observed in individuals with HER2-enriched subtype, followed by luminal B, and TNBC subtypes. (Table 3). Ten (6.0%) patients presented in stage 0 disease, 23 (14.9%) with stage I disease, 51 (30.4%) with stage II disease, 49 (29.1%) with stage III disease, 33 (19.6%) with stage IV disease. Stage 0 was observed only in individuals with luminal subtypes, luminal A ( $n = 6$ , 18.2%) and luminal B ( $n = 4$ , 4.2%). The highest proportion of stage II tumors (33.4%) was observed in individuals with TNBC subtype. Moreover, the highest percentage of stage III tumors (42.1%) was noted in individuals with HER2-enriched subtype, and the highest per-

**Table 2.** Patterns of loco-regional recurrence and distant metastasis

Recurrence/metastasis	Total (n = 168) No. (%)	Luminal A (n = 33) No. (%)	Luminal B (n = 95) No. (%)	HER2-enriched (n = 19) No. (%)	TNBC (n = 21) No. (%)	p-value
<b>Local and systemic recurrence</b>						
Local	32 (19.0)	14 (42.4)	11 (11.6)	4 (21.1)	3 (14.3)	0.005
Systemic	136 (81.0)	19 (57.6)	84 (88.4)	15 (78.9)	18 (85.7)	0.001
Regional (Axillary nodes)	8 (4.8)	1 (3.0)	4 (4.2)	1 (5.3)	2 (9.5)	0.719
<b>Distant metastasis</b>						
Bone	90 (53.6)	14 (42.4)	60 (63.2)	11 (57.9)	5 (23.8)	0.005
Liver	50 (29.8)	5 (15.2)	38 (40.0)	6 (31.6)	1 (4.8)	0.002
Lungs	58 (34.5)	8 (24.2)	36 (37.9)	6 (31.6)	8 (38.1)	0.530
Brain	30 (17.9)	1 (3.0)	20 (21.1)	5 (26.3)	4 (19.0)	0.088
Other	13 (7.7)	0	8 (8.4)	1 (5.3)	4 (19.0)	0.080

HER2 = human epidermal growth factor receptor 2; TNBC = triple negative breast cancer.

**Table 3.** AJCC staging based on biological subtypes

Stage	Total No. (%)	Luminal A No. (%)	Luminal B No. (%)	HER2-enriched No. (%)	TNBC No. (%)	p-value
	168 (100)	33 (19.6)	95 (56.5)	19 (11.3)	21 (12.5)	0.055
0	10 (6.0)	6 (18.1)	4 (4.2)	0	0	0.527
1	25 (14.9)	5 (15.2)	11 (11.6)	4 (21.1)	5 (23.8)	0.178
2	51 (30.4)	13 (39.4)	27 (28.4)	4 (21.1)	7 (33.4)	<0.001
3	49 (29.1)	5 (15.2)	31 (32.6)	8 (42.1)	5 (23.8)	<0.001
4	33 (19.6)	4 (12.1)	22 (23.2)	3 (15.7)	4 (19.0)	<0.001

HER2 = human epidermal growth factor receptor 2; TNBC = triple negative breast cancer; AJCC = American Joint Committee on Cancer 7th Edition.

**Table 4.** Association between type of surgery and local recurrence

Variable	Total No. (%)	Surgical method		p-value
		BCS No. (%)	Mastectomy No. (%)	
Local recurrence	168	78	81	< 0.001
Yes	32 (19.0)	27 (34.6)	5 (6.2)	
No	136 (81.0)	51 (65.4)	76 (93.8)	

BCS = breast conserving surgery.

**Table 5.** Overall survival rate according to biological subtypes

Biologic subtype	Number of events No. (%)	Number censored (OS rate) No. (%)	Total sample size No.
Luminal A	8 (24.24)	25 (75.76)	33
Luminal B	51 (53.68)	44 (46.32)	95
HER2-enriched	13 (68.42)	6 (31.58)	19
TNBC	9 (42.86)	12 (57.14)	21
Overall	81 (48.21)	87 (51.79)	168

OS = overall survival; HER2 = human epidermal growth factor receptor 2; TNBC = triple negative breast cancer; events = expiration by any cause.

**Table 6.** Survival outcome according to biologic subtypes

Biologic subtype	Mean OS		p = 0.007	Mean DFS		p = 0.006
	(months)	SE		(months)	SE	
Luminal A	190.9	14.6		56.5	8.2	
Luminal B	117.7	9.9		37.0	3.8	
HER2-enriched	78.3	9.8		21.5	3.9	
TNBC	107.4	15.6		32.7	8.3	
Overall	135.1	8.0		38.6	3.0	

OS = overall survival; DFS = disease free survival; SE = standard error; HER2 = human epidermal growth factor receptor 2; TNBC = triple negative breast cancer.

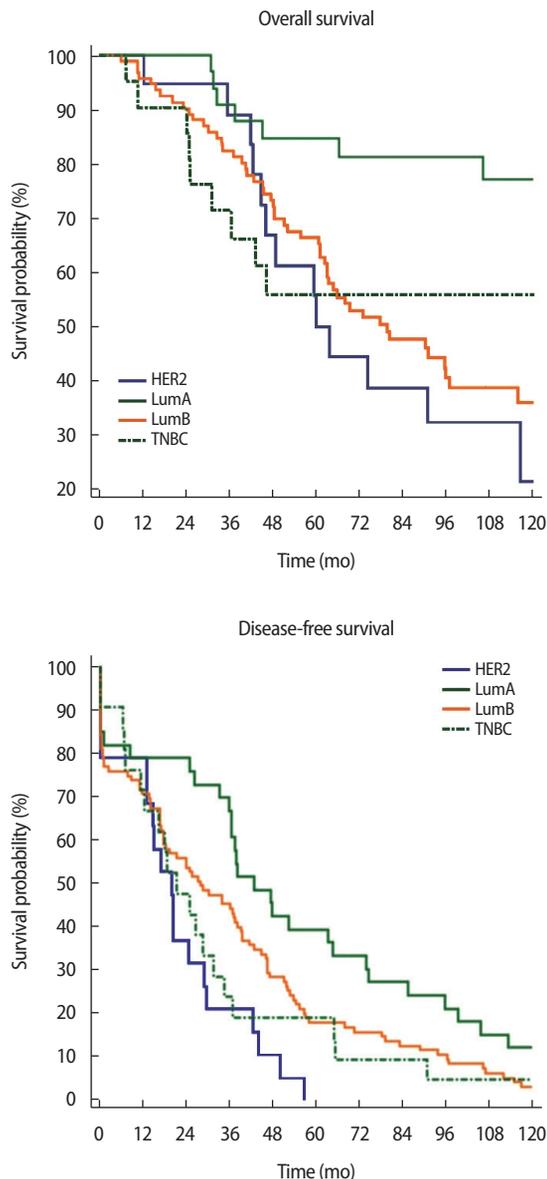
centage of stage IV tumors (23.2%) was observed in individuals with luminal B subtype (Table 3).

**Association between type of surgery and local recurrence**

BCS was performed in 78 patients (46.4%) and mastectomy in 81 patients (48.2%). Nine patients (5.4%) did not undergo surgery. The incidence of local recurrence was higher in the BCS group than mastectomy group (34.6% vs. 6.2%) (Table 4) ( $p < 0.001$ ).

**DFS and OS in recurrent or metastatic breast cancer**

Individuals with luminal A subtype had a higher OS (75.76%) than those with TNBC (57.14%), luminal B (46.32%), and HER2-enriched



**Figure 1.** Kaplan-Meier survival curves according to biologic subtypes. (A) Overall survival ( $p=0.007$ ). (B) Disease-free survival ( $p=0.006$ ).

subtypes (31.58%) ( $p = 0.007$ ) (Table 5). Individuals with luminal A subtype had the highest mean DFS (56.5 months) ( $p = 0.006$ ) (Table 6) (Figure 1). Among the different breast cancer subtypes, the OS and DFS rates were significantly different.

**DISCUSSION**

Previous studies have shown a significant difference in the recurrence patterns and rates of breast cancer according to breast cancer

subtypes [1,16,20-24]. Luminal subtype account for 55%–80% of all breast cancers [16,20,22]. In our current study, luminal subtypes accounts for 76.2% of all patients with relapsed breast cancer and the number of patients with breast cancer as a whole. The risk of developing systemic metastasis was lowest in individuals with luminal A subtype [16,20,22].

We observed that the survival curves of patients with relapsed breast cancer in this study were similar to the general pattern of the survival curves of all patients with breast cancer. Because this study only showed the survival curve of patients with recurrent breast cancer and previous cohort studies have revealed recurrence pattern of all patients with breast cancer, caution must be observed when to interpreting the results.

Luminal A tumors showed a statistically significant association with favorable DFS and OS compared to other subtypes, and our study showed such findings [1,16,20-24]. In numerous studies, HER2-enriched and TNBC subtypes had similar patterns and the highest locoregional recurrence rate [22,25]. Patients with ER-negative tumors were more likely to experience early relapse within the first 5 years with negligible risk of recurrence [20-24,26]. Conversely, ER-positive tumors are associated with the persistent risk of relapse even after 5 years [22].

Our study showed that the DFS of individuals with TNBC subtype was 60 months, and that of individuals with luminal A and B, HER2-enriched subtypes was >120 months. These results indicate that individuals with TNBC subtype experience recurrence within 5 years of the initial diagnosis. However, those with other subtypes will not present with recurrence even after 5 years of the initial diagnosis. In relation to this result, literature has shown that individuals with luminal subtypes had smooth peak during the initial years after diagnosis and remained at risk for the relapse even 10 years after diagnosis. This phenomenon is observed not only for relapse to distant organ but also for locoregional relapse and is indicative of individual follow-up and treatment strategy in patients with breast cancer in accordance with biological subtypes [20,23,24].

The bone was found to be the most common metastatic site in patients with HR-positive breast cancer [16,20,23,27], and such finding was observed in our study. A large proportion of patients with HER2-enriched subtype present with liver metastasis. This result is consistent with that of previous studies showing that HER2-positive

breast cancer is associated with liver metastasis [20,27,28]. The incidence of lung metastasis was similar in all subtypes. However, most patients presented with luminal B and TNBC subtypes [10,20,23,27, 28]. Numerous studies have shown that brain metastases were more likely to occur in patients with HER2-enriched and TNBC subtypes [20,27,28], and brain metastasis in our study was commonly observed in HER2-enriched, luminal B, and TNBC subtypes. The incidence of recurrences in the regional or systemic LN is relatively low in luminal A subtype and this result is similar to those of previous studies [20,22,27,28].

In our current study, around two third of patients with luminal A and TNBC subtypes and less than half of patients with luminal B and HER2-enriched subtypes diagnosed at early stage (stage 0, I, or II) of breast cancer. Stage 0 was observed only in individuals with luminal subtypes but not in those with HER2-enriched and TNBC subtypes. The proportion of stage II tumors was the highest in individuals with TNBC subtype, and the proportion of stage III tumors was the highest in individuals with HER2-enriched subtypes. Moreover, the proportion of stage IV tumors was the highest in individuals with luminal B subtype. This results indicate that luminal B and HER2-enriched subtypes are associated with poor prognosis [16,20,22].

Our study had several limitations. First, this study had a relatively small cohort (n = 19, HER2-enriched subtype and n = 21, TNBC subtype) and this widens the confidence interval for all outcome estimates in a specific group, and lower associations were observed compared with those of other studies with larger cohorts [29]. Second, the present study is retrospective in nature and included all patients with recurrence or metastatic breast cancer at any stage (from stage 0 to stage 4), which indicate that all clinical outcomes were not well controlled, and this study only focused on actual phenomenon in clinical settings. Thus, the results of the present study cannot be generalized to all patients with breast cancer, and similarities with previous studies were not observed. However, recurrence or metastasis was more likely to occur, and based on the analysis of OS, DFS, TNM stage, and prognosis in all biological subtypes, this study was compared with previous studies as a control for analysis. Although there are limitations, the results may be useful in counseling individual patients about prognosis according to biological subtypes and individualized treatment.

The bone was the most common metastatic site in breast cancer.

Luminal subtypes were correlated to initial bone metastasis. Liver metastasis commonly occurred in individuals with luminal B subtype. The incidence of lung metastasis was similar in all subtypes, and brain metastases commonly occurred in individuals with in HER2-enriched subtype.

## CONFLICT OF INTEREST

The authors declare that they have no competing interests.

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